



# ROTARY CLUB OF RATNAGIRI DIST. 3170 | Charter Date 06/06/1957 | CLUB 15680



Rtn. Stephanie Urchick RI President (2024-25)



Rtn. Sharad Pai District Governor (2024-25)

### Monthly Report

## November 2024



Rtn. Rupesh Pednekar President 2024-25

> Rtn. Madhuri kalambate Treasurer 2024-25

Rtn. Adv. Manish Nalavade Secretary 2024-25



"we make a living by what we get, but we make a life by what we give"

Free Health Check-Up Camp for Children in Orphanages/Observation Homes

A joint initiative by Rotary Club of Ratnagiri, Ratnagiri District Legal Services Authority, and Rotaract Club, under the leadership of President Rupesh Pednekar, successfully organized a free health check-up camp for children in orphanages/observation homes in Ratnagiri district.

The camp was inaugurated by Hon'ble Chairman, District Legal Services Authority, Ratnagiri, and Principal District & Sessions Judge, Shri Sunil Gosavi, along Shri Manikrao Satav, Secretary of District Legal Services Authority, Ratnagiri, Shri M.D. Mahadik, Chairman of Child Justice Board, Rotary Club of Ratnagiri President Rupesh Pednekar, Secretary Adv. Manish Nalawade, Assistant Governor Adv. Shalmali Ambulker, and Rotaract Club President Yukta Jain.

Children from orphanages/observation homes in Ratnagiri, Devrukh, Rajapur, and Lanja participated in the camp.

Renowned doctors from Ratnagiri, including Dr. Mayur Kambale (Dentist), Dr. Vaibhavi Vyas Bhat (ENT), Dr. Ketan Kedare (Ortho), Dr. Nilendra Bhole, Dr. Ujwala Pawar (Gynaec), and Dr. Anagha Nalawade (general physician) conducted thorough medical check-ups and diagnoses.

During the closing ceremony, Principal District & Sessions Judge Shri Sunil Gosavi praised Rotary Club of Ratnagiri's initiatives. President Rupesh Pednekar distributed fruits to the children present.

The Magic of Rotary



#### Rotary Club of Ratnagiri Organizes Mental Health Camp for Children

The concept of health encompasses not only physical well-being but also mental health. To cope with the stresses of modern life, it's essential to maintain good mental health alongside physical health. Recognizing this need, the Rotary Club of Ratnagiri organized a mental health camp for children in orphanages/observation homes.

The camp was jointly organized by the Rotary Club of Ratnagiri and the District Legal Services Authority. Dr. Mrunmayee Pevekar, a mental health expert, conducted assessments and provided guidance to the children.

#### The camp aimed to:-

- 1. Evaluate mental health
- 2. Raise awareness about mental health
- 3. Provide counseling

The counseling sessions empowered children to address their concerns, develop problem-solving skills, and build emotional maturity. The sessions helped children develop self-control, discern right from wrong, and engage in thoughtful actions.

- Children were encouraged to openly discuss their issues, and experts provided guidance on:
- 1. Anxiety
- 2. Sexual abuse
- 3. Physical changes during puberty
- 4. Concentration in studies

Rotarian Sachin Sarolkar played a key role in organizing the camp.

#### Dignitaries present at the camp included:

- 1. Hon'ble Chairman, District Legal Services Authority, Ratnagiri, and Principal District & Sessions Judge Shri Sunil Gosavi
- 2. Shri Manikrao Satav Secretary, District Legal Services Authority, Ratnagiri
- 4. Shri M.D. Mahadik, Chairman, Child Justice Board
- 5. President, Rotary Club of Ratnagiri, Shri Rupesh Pednekar
- 6. Secretary, Adv. Manish Nalavade
- 7. Assistant Governor, Adv. Shalmali Ambulker



Good Touch and Bad Touch: Guidance Camp

Rotary Club of Ratnagiri and District Legal Services Authority jointly organised a Good Touch and Bad Touch Guidance Camp for children in orphanages/observation homes.

Police Inspector Shital Patil provided in-depth guidance to children on necessary precautions to take while interacting in society.



Creative Craftwork workshop! The event saw enthusiastic participation from 35 students across three age groups. Under the expert guidance of Program Chair, Rote. Devyani Waghadhare, students showcased their creativity.

Participating students were awarded certificates.





#### Flag exchange

During Hyderabad trip, Club members enjoyed a visit of Hyderabad rotary midtown clun, exchanged Rotary flag with Club president. The Flag exchange is one of Rotary's more colorful traditions, as Rotarians traveling to distant locations often take along flag that can be exchanged when they visit other clubs. Each banner is colorful, unique, expresses the community and state ,country of which the Club is a part, and tells a story of community pride.



Hyderabad Family Trip



Pre-Interact Club Establishment Student-Teacher Interaction Program

On 28th November, we organized a pre-Interact Club establishment student-teacher interaction program at Podar International School, Ratnagiri. During this program, students were informed about Rotary and our club's activities. Rote. Madhuri Kalambate had an effective interaction with the students.

The program was attended by President Rupesh Pednekar, Secretary Manish Nalawade, Treasurer Madhuri Kalambate, Past President and future Assistant Governor Shrikant Bhurke, and Board of Directors Project Chair Aradhya.





ROTARI CLUB OF RATNAGIRI WINNER GENERAL KNOWLEDGE QUIZ

#### 28 November General Meeting





#### **BOARD OF DIRECTOR**

- 1) Rtn. Shrikant Bhurke : IPP
- 2) Rtn. Pramod Kulkarni : Vice President
- 3) Rtn. Neeta Shinde : President Elect
- 4) Rtn. Mandar Aachrekar : Sergeant At Arms
- 5) Rtn. Dilip Bhatkar : Club Administration
- 6) Rtn. Rajendra Ghag : Club Service
- 7) Rtn. Sachin Shinde : Community Service
- 8) Rtn. Mandar Sawantdesai : Vocational Service
- 9) Rtn. Sachin Mukadam : Membership Development





**ROTARY CLUB OF RATNAGIRI** 

- 10) Rtn. Prakalp Aaradhye : Trf
- 11) Rtn. Paresh Salvi : Polio
- 12) Rtn. Nilesh Mulye : Service Project
- 13) Rtn. Vinayak Hathkambkar : Public Relation
- 14) Rtn. Namita Keer : Club Advisor
- 15) Rtn. Surendra Yarrum : International Service
- 16) Rtn. Devyani Vaghdhare : Executive Secretary
- 17) Rtn. Rohit Virkar : Joint Secretary
- 18) Rtn. Dheeraj Velhal : Youth Service